

## Care Sector Based Work Academy

**Location: Virtual via zoom**

A genuine gateway for you to start a career in the Adult Social Care sector. Participants will learn the knowledge required to get a head start, in this fast growing industry.

Once you have completed the training, you will be invited to attend an interview with a local care employer and possibly a work trial. These interviews and work trials are only available to those who complete the course.

## Week One - Skills for Confidence

Over three days, you will receive **training** and recognised **qualifications**, as well as increasing your confidence.

We will support you in gaining the self-belief needed to apply for jobs and prepare you not only for interviews but for getting back into the workplace and keeping that all-important job.

The City and Guilds qualifications you could achieve include the following:

- **Effective Communication**
- **Career Planning**
- **Working as part of a team**
- **Investigating rights & responsibilities at work**
- **Interview skills**

### Key benefits to you:

- Improve your confidence and knowledge
- Identify your own skills, qualities, experience and qualifications
- Gain professional advice on applying for work
- Create a new CV
- Look at opportunities for employment within the local area
- Learn how to be prepared for an interview
- Learn about your rights and responsibilities as an employee
- Look at your attitudes and behaviors to work

If you would like to know more about taking the right steps towards a promising career, please call TheLightBulb on 01268 270648 or email [info@thelightbulb.net](mailto:info@thelightbulb.net)



This course is funded in partnership with Twin through the European Social Fund. Applicants must be over 16 and not in any paid employment. If you are unsure of your eligibility, then please contact us for advice.

## Week Two - Preparing to Work in Adult Social Care

During the second week you will be actively participating in this highly engaging five day training programme that is accredited by City & Guilds. We will give you the edge at interviews and a solid start to a very worthwhile career path in the Care Sector.

We will provide you with knowledge to help you get a head start on other applicants, in a growing industry. You will learn about:

- **Communication & personal development in adult social care**
- **Diversity, equality & inclusion**
- **Safeguarding & protection in health & social care**
- **The duty of care**
- **The role of the care worker**
- **Person centered approaches**
- **Health & safety in care settings**
- **How to handle information in care**

Part of this qualification involves working with you to ensure you are ready to take the right steps forward into a new job role. You will also gain valuable insight and helpful advice on:

- **Career planning and making applications**
- **Preparing for an interview and interview skills**
- **Effective skills, qualities and attitudes for work & learning**

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### Do you want a career that offers:

- Job satisfaction
- Good long-term employment prospects
- The chance to make a real difference to people's lives
- Working environments to suit your preference
- A range of opportunities and a real future
- A job where every day is different

### Employment Opportunities in:

- Residential care homes
- Domiciliary/Home care
- Day Care Centre's
- Nursing homes
- And other related roles

