



Emergency First Aid at Work

Duration: 1 Day

Accreditation

This course is an HSE recognised and certificated course in line with First Aid at Work regulations 1981 and provides a 3 year qualification. The successful candidates once qualified will be First Aiders in the workplace.

Introduction/Summary

This course will take you through the theory and practical work needed for a "first aid appointed person".

This workshop can be delivered at our dedicated training centre in Basildon or tailored to meet your needs and delivered at your own premises.

Content

The content is flexible but would normally include the following:

- Incident Control
- First Aid Kits and Accident Books
- Calling for Assistance
- Basic Life Support Skills Including The Recovery Position and CPR
- Bandaging Techniques
- Dealing with Bone Injuries
- Provides a 3 Year Nationally Recognised Qualification

Requirements/Pre-Requisites

There are no pre-requisites for this course.