



First Aid at Work

Duration: 3 Days

Introduction/Summary

This course is an HSE recognised and certificated course in line with First Aid at Work regulations 1981 and provides a 3 year qualification. The successful candidates once qualified will be First Aiders in the workplace.

Content

The workshop aims to cover the following content:

- The most current first aid techniques
- In depth training in reporting and identification of casualties
- Triage
- Recognition and treatment of different types of injuries
- Life saving techniques and procedures
- Course concludes with an external trainer assessment of student skills

Requirements/Pre Requisites

There are no pre-requisites for this course.

For in house training there is a maximum limit of 12 attendees.